safeguard my meds

Medicine Inventory Sheet

- Help prevent the abuse and misuse of prescription medicines.
- Store your prescription medicines to keep them safe.
- Never share your medicines with anyone – never take medicine that wasn't intended for you.
- Talk to your community pharmacist about how to properly dispose of your unused or unwanted medicines or visit the Food and Drug Administration's guide for safe disposal at www.fda.gov and search for "Rx drug disposal."

Name of Family Member	Medication Name	Date Received	Dosage Strength	Quantity in Bottle	Frequency (how often taken)	Reason for Taking	Prescribing Physician	Discard By